
Group Swim

Ages 3 years and up

Includes up to four kids in a group setting. Teacher works on swimming skills based on your child's skill level. From beginning level to learning strokes and side breathing.

Whale Shark 4:00-4:30pm

For the child who is afraid of water, cannot swim, or will not get face wet.

Leopard Shark 4:30-5:00pm

For the child who will fully submerge for 3 seconds.

Tiger Shark 4:30-5:00pm

For the child who can front glide without assistance.

Bull Shark 5:00-5:30pm

For the child who can swim under water or on surface for 10 feet and back glide 5 seconds.

Great White Shark

5:00-5:30pm

For the child who can tread water for 15 seconds, can swim freestyle with some rotation for 15 feet.



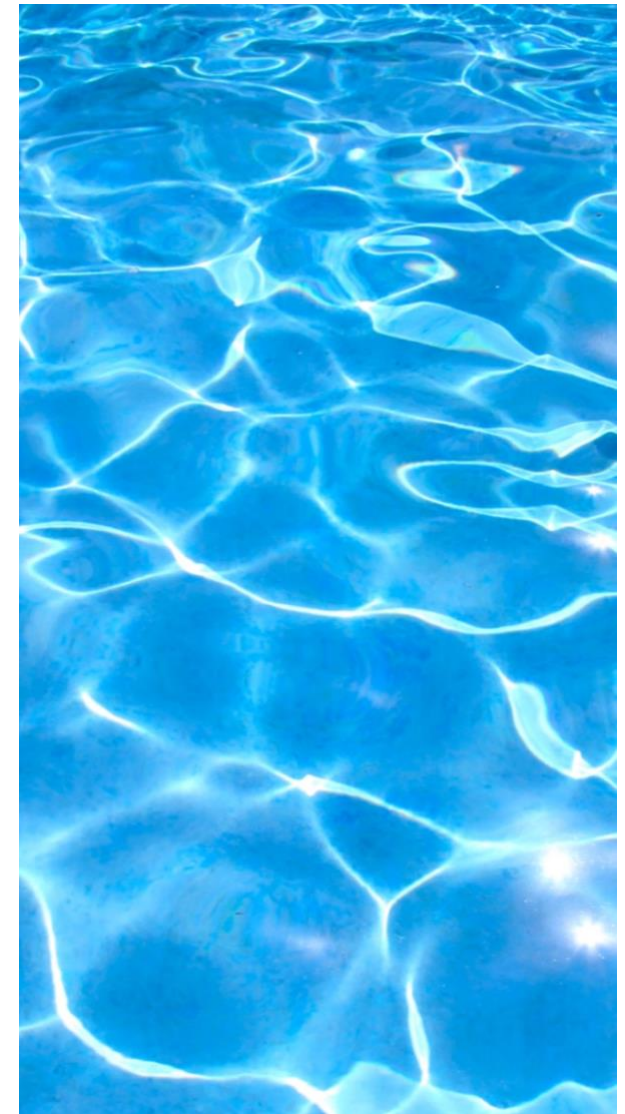
Baby Sharks

Ages 6 months- 3 years

Baby Sharks is a “Mommy & Me” swim class that offers a practical approach to introducing your baby to water and the pool environment. We work on **safety**, survival, and having fun. We teach techniques to parents that they can use and practice until their child is ready for private or group swim lessons. We work on swimming movements, back floats, wall walking, jumps, and submersion.



Swim Lesson Information



Pricing For Lessons

Baby Sharks *Sold As Package*

(4 classes in a package)

Member \$50 Guest \$60

Sessions in: Summer Winter/Spring

Group Swim *Sold As Package*

(8 classes in a package)

Member \$80 Guest \$100

Sessions in: Summer Winter/Spring

Private Swim

Single Session

Member \$30 Guest \$35

Private Swim *Sold As Package*

Six Pack (1 FREE)

Member \$150 Guest \$175

Hammerheads *Sold As Package*

(6 classes in a package)

Member \$125 Guest \$160

Save 10% OFF Additional Siblings



Ages 3+ 30 minute sessions

All Private Lessons are tailored to the specific needs of each individual student. We teach introduction to the pool, basic skills like floating and using a kick-board. We teach advanced stroke techniques, side breathing, treading water, and form. We also spend time working on diving for toys, and jumping and diving from the side.

Younger children:

Students will be getting familiar with the water, introduced to goggles, breath control, gliding and back floats. They will learn jumps, proper kicking, scooping and paddling with hands. They will also learn streamlining and reaching for toys under the water. All while having fun!

Adults: We tailor adult swim lessons to what the adult wants to learn. This varies from basics to advanced. It's never too late to start!

JUNIOR Hammerhead

Focuses on terminology, techniques, grasping basic knowledge of proper form for all strokes. We play games, tread water, and race. It incorporates learning about the swim environment and having fun while doing it. Instills knowledge and love for the sport, while getting

ELITE Hammerhead

This is for children who know their strokes but want to boost their endurance and speed. We focus on the basics including: flip turns, kick outs, diving, and good form.



Hammerheads Swim Team Prep

Ages 6 to 13

This is a great opportunity for your kids to get ready for a swim team. We have two levels to accommodate those who are just starting to learn their strokes & those who are working on endurance and perfecting their form. Each child receives individualized help from our coaches while getting to participate in a team environment. Our goal is to teach your children all components of swimming needed to thrive on a swim team. All while having fun!