

Club Junior Program

Allows **Members ages 12-15** to workout independent of their parent or guardian by completing the Club Junior Orientation (ages 12 & 13 must have parent on site)



Club Junior Program

ORIENTATION

\$100 Orientation Fee - Orientation includes 2-1 hour sessions that include an orientation of the gym and how to safely use the gym equipment. This includes how to properly warm up, stretch, strength training, cardiovascular conditioning, and cool down. The Trainer will quiz the student on their understanding and be tested in the pool on their swimming abilities.

Orientation Fee is still needed if child is on parents membership.

AGES 12-13

Adult **must be on site** EVEN IF CHILD IS A CLUB JUNIOR GRADUATE-
child must have **ACTIVE** membership

AGES 14-15 (once orientation is completed)

Children can work out independently without an adult on site-

Child must have **ACTIVE** membership



Club Junior Membership

This is a separate membership for your child so they can work out independently. **AGES 12-15 BUT the child still needs an adult to sign them in.**

Child will still complete ORIENTATION

3 month commitment for Club Junior Membership \$40 Monthly Dues after 3 month commitment, if child is **NOT** on a membership.

AGES 16-17

If child is on separate membership through Club Junior at age 16 they are considered an adult in the UVAC facility.

Membership dues go up to \$67.50 monthly if they are on Club Junior membership.