

Membership Pricing:

12 Month Agreement \$225 initiation (3 month memberships available)

Regular Membership

Single - \$84

Couple- \$135

Family of 3- \$172

Family of 4- \$200

Family of 5- \$222

Family of 6- \$255

Senior Rate - \$60

Senior Couple -\$90

Corporate Membership Rate

12 Month Agreement \$225 initiation

Single \$75.50

Couple \$121.50

Family of 3 \$154.50

Family of 4 \$180

Family of 5 \$198

Family of 6 \$229.50

24 hour locations Available for ADD-ON.

Both 24 hour locations are included for this price.

\$20 per person (only single memberships available at 24 hour locations)

Group Fitness Classes

Group classes are a great way to stay motivated!!!

Group Fitness classes provide a built in gym partner! Our certified instructors will guide you and give modifications for your current fitness level. See our class schedule at Guest Services or take a copy home. We update them monthly and all changes from the previous month will be highlighted.

Aqua classes and Kids classes are included on the Group Fitness schedule. Group Fitness is really for every age and skill level. Ask Guest Services to recommend a class that will fit your needs!

We have a cycle room and 3 other Group Fitness Studios.



A Guide To What Your MEMBERSHIP INCLUDES:



- Group Fitness Classes
- Weight Rooms
- Sauna
- Cardio Rooms
- Racquetball & Basketball Courts
- Hot Tub
- Kids Club
- Relaxing Outdoor Area
- Cafe with Food, Beer & Wine
- Community
- Discounts on swim lessons
- Discounts on Camps
- Discounts on Club events

Sign up online at uvathletic.com

follow us on social media!



Indoor & Outdoor Pools:

The **Indoor Pool** temperature is currently kept around **88- 90 degrees**. This is a great temperature for kids swim lessons and Aqua aerobics. The indoor pool is **60'** in length and has a HydroRite UVO₃ filter. With the UVO₃ it also reduces chloramines by 50% or more to eliminate harsh chlorine odors and maximize swimmer comfort.

The **Outdoor Pool** temperature is kept around **78- 80 degrees** and is **75'** in length. Aqua aerobics classes are held outside upon request in the summer months. We also have a Master's Swim Mon-Thurs at 12 noon.



Kids Club

AGES 4-17 MONTHS RECEIVE **1 FREE HOUR** OF CHILD CARE **PER DAY**

AGES 18+ MONTHS RECEIVE **2 FREE HOURS** OF CHILD CARE **PER DAY**

Kids Club is one of the treasures here at UVAC. We pride ourselves on cleanliness, caring sitters and attention on the individual personalities that come into the Kids Club Clubhouse.

We play games, have dance parties, make crafts that go with the seasons and really make each child feel welcome and involved with the group.

CHILDREN MUST BE ON MEMBERSHIP

Hours

Monday through Sunday

8:30AM - 1:30PM

Monday through Friday

3:30PM - 8:00PM

Cardio Rooms

Our Cardio Rooms offer:

- 14 treadmills
- 4 AMT machines
- 6 ellipticals



Weight Rooms

Our Weight Rooms offer:

- Free weights
- Multiple circuit machines
- 3 cable crossovers
- Multiple styles and brands of machines to suit any fitness goal

Sauna

Electric Heater Sauna :

- Separate Men & Women's sauna
- Utilizes convection style air flow
- Includes elevated rock tray
- Can attain a maximum temperature of 194 degrees (temperature usually remains around 180 degrees)